



Life and support in the heart of the community.

## Newsletter December 2023

**Guisborough Bridge Association**

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**Here we are in December and our staff & trustees wish volunteers and all who come to us a very peaceful and contented Christmas.**

We are receiving a donation from Guisborough & Great Ayton Rotary; Suez Recycling & Waste Management & the Jack Brunton Charitable Trust towards the Christmas Food Hampers. In addition, we have received a very generous donation from St Nicholas' Harvest Festival towards the Foodstop. And our 'Food & Fun For All' has been largely funded once again by Together Middlesbrough.

The next few weeks promise to be busy; we have volunteer opportunities for those in fine carol-singing voice; or those who wish to help make up hampers - which we will distribute Wed 20<sup>th</sup> – Thursday 21<sup>st</sup> December. Thank you to all who step forward as individuals or groups within the community to help us bring a joy and little stability, comfort & company to those who need it during this time.

### **Current Top Ten Wish List for the foodstop:**

In, at number 10, is UHT milk, 9. Instant Mash, 8. Small sugars, 7. Coffee/ hot chocolate, 6. Jars of Pasta / Curry sauces 5. Sandwich Paste, 4. Tinned fruit, 3. Tinned Veg, 2. Tinned Salmon...and still at number 1. Tinned meats!

We have plenty of baked beans & plenty of bags of pasta! Thank you to all who support & donate. Your donations small or large really do make a difference!

### **Projects Update**

#### **Music and memories**

**When :** 1:45 to 3:15 **Tuesday 19<sup>th</sup> November**, Where: **Kemplah House**, New Road.  
Thereafter, it will be the 2<sup>nd</sup> Wednesday of each month.

#### **Time2MOVE Fridays 10.15am - 1pm:**

**Where:** Hinton Court, Lumley Terrace, Guisborough TS14 6HN

**Price:** £3 for the class; £5 for the two course meal; or £8 for both

**Christmas Meal – 15<sup>th</sup> December, followed by a break until 12<sup>th</sup> January.**

#### **Monday Friends:**

**When:** Mondays 9- 11:45

**Where:** Sunnyfield House

Teas, Coffees, Cakes, Lending library, puzzles, plus fresh M&S produce on a donation basis.

**Christmas Break – Monday 25<sup>th</sup> December and Monday 1<sup>st</sup> January**

## Community Shop £3 for 10 points and free fresh produce on availability.

We would still like 2 more volunteers for Tuesday or Wednesday, which would mean a commitment of one or two times a month 11.30 – 2:30.

Our Christmas Break is 26<sup>th</sup> / 27<sup>th</sup> December, so we will offer £6 for 20 pointer before or after Christmas, so that customers can still access this project.

## Bridge2Youth

This group meets on a Friday evening at Guisborough Evangelical Church, Fountain St. The young people pay subs of £1 and during the 3 hour session they relax, play games, chat, craft and eat together. Their last one before Christmas is **Friday 22<sup>nd</sup> December** and first one after is **Friday 12<sup>th</sup> January**. In the new year we are looking to improve and organise the space in which they meet in regard to storage of games and crafting equipment.

## Training Opportunities

Well done to all of those who completed Food Hygiene Level 2. We are completing our First Aid For Work this week, ahead of the Christmas Fayre. For some it is the first time, for others it is a revision, but it gives us the confidence to support people adequately within our projects. In the new year we will look to update / extend safeguarding training.

## Dates For Your Diary:

**Foodstop** Tuesday & Thursdays, 10am-12pm (note time change to Tuesday)

NB: Closed 26<sup>th</sup> / 28<sup>th</sup> December.

**Monday 11<sup>th</sup> December - Mayor's Community Carol Service**, Salvation Army Citadel, Westgate, commencing at 7pm. (We are one of Mayor David Johnson's charities who will benefit from fundraising.)

**Thursday 7<sup>th</sup> December - Carol singing @Morrisons 10.30 – 11.30** ...followed by a free tea or coffee at Soup and roll for singers.

**Saturday 9<sup>th</sup> December – Carol Singing @ M&S 10:30 -11.30**

**Tuesday 19<sup>th</sup> December - Music & Memories** at Kemplah House 1.45 – 3pm Teas, coffee, biscuits provided.

**Thursday 21<sup>st</sup> December** – last Soup & Roll @GMC, followed by hamper distribution.

**Thursday 4<sup>th</sup> January** – first **Soup and Roll** of the year GMC

**Saturday 3<sup>rd</sup> February - Prayer Breakfast**, 8am -9am Venue to be confirmed & emailed.



**Little Lord of Light – attributed to Mary I**

An azure sky,  
All star bestrewn.

A lowly crib,  
A hushed room.

An open door, A hill afar,

Where little lambs And shepherds are.

To such a world, On such a night, Came Jesus-Little Lord of Light.