

BRIDGE 2 YOU!

March 2024



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Bridge Community Shop

Bridge Community Shop - Tuesdays & Wednesdays from 12 - 2pm

*to find out more contact
staff@guisboroughbridge.org.uk
& follow our fb page (above).*

Our friendly, supportive shop has now celebrated its 1st birthday! We have had 20 regular customers each day but hope to attract new parents as we have plenty of newborn - size 3 nappies!

ASDA & M&S fresh produce will be available to customers free, with some items frozen on their use by date offered for 1 to 2 points. This week, there were even daffodils as a treat! Our volunteers love to help with meal ideas and there are recipe books people can browse and take a photo of to try back home. Customers pay £3 & have 10 points to spend on non-perishables and toiletries. While most items are 1 point, we have baked beans, evaporated milk, condensed milk & dried spaghetti/ pasta on a **2 for 1 offer!** The spaghetti equates to £1.50 worth, for just 30p so is an amazing bargain.

By attending every week, customers are helping us to cover the room hire whilst helping lower their own household budget. We have vacancies for some regular volunteers also. A perk of being on our rota, is a complimentary shop, the week of volunteering.

PROMOTIONS

MUSIC & MEMORIES

- **WED 13TH MARCH**
- **1.45- 3.15**
- **KEMPLAH HOUSE**

REQUEST FOR MONTHLY VOLUNTEERS AND FOODSTOP ITEMS!

FOOD & FUN FOR ALL

- **PARENTS & CHILDREN
0-11YRS**
- **2 COURSES**
- **+ A PACKED TEA**
- **11AM - 1PM**
- **CRAFT / ACTIVITY
CAROUSEL**



MONDAY FRIENDS

Do you know someone over 50 who would like to start their week by visiting Sunnyfield House Community Centre, & having a drink or fresh treat in a beautiful room?

Project Worker Mary and her team of volunteers offer: book swap, puzzle swap, teas, coffees, cakes and cheese & fruit scones and friendship.

It's a great start to the week, and there is space to chat or sit quietly, if you prefer. (Disabled access to the rear.)

Already attend?

Bring a friend, or tell a neighbour!

Foodstop Wish List!

These are things we would like donated across them next month

- Tinned teas, carrots, sweetcorn
- Instant Mash, tinned potatoes
- Coffee / tea / small sugars
- Tinned fruits
- Tinned Irish Stew
- Small washing powders
- Washing up liquid
- Toiletries - deodorant
- Chinese stir-in sauces.

ONCE A MONTH VOLUNTEERS NEEDED! WE NEED MORE VOLUNTEERS FOR SOUP & ROLL ON THURSDAYS; WEDNESDAY COMMUNITY LUNCHEON & FRIDAY'S TIME2MOVE.

Please email Lorraine - staff@guisboroughbridge.org.uk

"I have found that it is the small everyday deed of ordinary folks that keep the darkness at bay. Small acts of kindness and love"

DIARY DATES JRTolkein

Prayer Breakfast -

Sat 2nd March, 8-9am St Paulinus RC Church Hall, The Avenue.

Monday Friends - every Monday 9 -11.45am; teas, coffees, scones, cakes, book & puzzle swap

Food & Fun - 26th March & 2nd April - details to follow on fb page.

Music & Memories - 2nd Weds of the month-

March 13th with a St Patrick's day theme! 1.45 - 3.15pm at Kemplah House, Tea, coffee, singing ...Free & dementia friendly.

Bridge2Youth 5-8pm Guis Evangelical Church
Fridays Term-time contact
staff@guisboroughbridge.org.uk