

BRIDGE 2 YOU!

July 2024

Welcome to July's newsletter, we made progress recruiting new volunteers!

We still welcome more individuals or pairs especially for the following projects: Community Luncheon, Soup & Roll and Time2Move (wed, Thu, Fri respectively).

Thank you to **Prior Pursglove** students who have stepped up for the Summer !

Thank you to our other recent volunteers. If there is a volunteer who would like to share their volunteering story in August's newsletter, please email manager@guisboroughbridge.org.uk

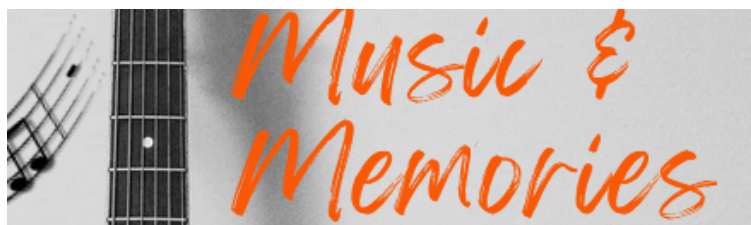


JOIN OUR

AMAZING

TEAM NOW!

To discuss the best project for you contact staff@guisboroughbridge.org.uk



On Sunday July 7th, Trisha Mclean , 2.30pm performing at the Chaloner Street Market. This wonderful musician leads Our Music & Memories session, **2nd Wednesday** of each month from Kemplah House Lounge. It's a perfect chance to sing together, make requests and take a trip down memory lane.

Catherine our project lead for the Wednesday Community Luncheon will be handing out flyers. Please come and say hello and get details, or contact staff@guisboroughbridge.org.uk for more details.

FoodStop Wishlist

YOUR GENEROSITY IS GREATLY VALUED. WE ARE LOW ON THE FOLLOWING ITEMS:

All tinned meats
Jam
Tinned fruit
Quick Gel
Sandwich paste
Stir-in sauces
500g/ 1kg sugar
Male toiletries

Please look for a drop off point in the following shops: Aldi, Lidl, Sainsburys (local on The Avenue & main) Morrisons, Asda Triangle. Our volunteers make regular collections.





COMMUNITY LUNCH CLUB - WEDNESDAYS AT KEMPLAH 11.30 - 1PM

Encourage your friends and relatives to look at our website and consider attending some of our projects. We currently have space for new members on the Wednesday Luncheon 11.15am - 1pm.

So what does this involve? if you know a grandparent or neighbour, who lives in Guisborough, and would like to be collected 10.30 - 11 in our mini-bus, they would arrive at Kemplah Lounge shortly after and be offered complimentary tea/coffee. Or they are welcome to make their own way there.

We usually serve a freshly made soup, followed by a main or quiche alternative, followed by a delicious dessert.



Time 2
MOVE
Chair Exercise Class
Every Friday



10.30 - 11.30 followed by a two course meal at 12pm - call 07936 316 216/217 for prices



“All of our humanity is dependent upon recognising the humanity in others.”

Desmund Tutu



DIARY DATES

Prayer Breakfasts -

Saturday 6th July, 8-9am Hosted by Roma GMC, email invites to go out.

Saturday 3rd Aug, will be hosted by guisbrough Fellowship.

Food & Fun - 11am - 1pm Guis Methodist Church - Tuesdays: 23rd July, and 13th & 27th August. through TryBooking.com

Music & Memories - Wed 10th July the month- 1.45 - 3.15pm at Kemplah House, Tea, coffee, singing ...Free & dementia friendly, and Wed 14th Aug

Bridge2Youth 5-8pm Guis Evangelical Church Fridays Term-time & 26/07, 16/8 & 30/8 for more details, contact staff@guisboroughbridge.org.uk