Charity Number 1086425 2025

>>> June - July <<<

BRIDGE2YOU

Newsletter for Guisborough Bridge Association

Oh the summer time is coming ...

and **the trees are sweetly blooming...**

Today's Music and Memories was a lovely gathering , with three new people joining us. Two gentlemen and one lady, one who hadn't sung for some thime but really enjoyed the friendly group and the range of music played by our wonderful musician, Trish McLean.

The group meet once month and although it is a dementia friendly singing group, that is not a prerequisite! People who enjoy singing come for a tea or coffee to start and then we get singing a whole plectrum - I mean plethora - of songs.

Nationally in June, Carers' Weekwas celebrated and We Care You Care promoted our activities alongside Dementia Action. If you look above this is a rather packed office with five staff and eight of our volunteers from across the projects, all gaining a deeper understanding of the lives of those who have dementia, or those who care for someone with dementia. Our aim at the projects we deliver is to be welcoming and accommodating and understanding.

Bridge2Sow&Grow ... A positive start...

Finally, it happened! We have been joined by a new staff member, Kirsty, who will lead the Community Allotment Project, at the Wilton Lane Allotments.

This project has so much to offer - firstly, just coming together outdoors to dig, sow and hopefully harvest, is fantastic. The project was slow to be ready, due to a number of factors, but we are delighted to start developing this for future seasons & years to come.

We aim to have a regular 10-12 slot on Tuesdays, and there is scope to have a 1-2pm slot, plus a 10- 11 slot on Thursdays.

So what did we do in our first sessions?

- Jon fitted a water butt and guttering to our already installed shed.
- Roma dug out an edge to the shed patio - which we added sunflowers and sweet corn.
- Ngaire (Nigh -Ree) worked away near the front of the allotment clearing an area for potatoes - they may be a little late in but we shall see. She also chopped anything that could go in the compost heap up.
- Gemma helped create a herb bed and, although the weather started over cast, it cheered up and we had a very productive morning.

Moving forward, if you, or a group you know, are interested in attending any of these sessions, then drop us an email or speak to Lorraine Tue- Thu 07890 228851.

THANK YOU, THANK YOU, THANK YOU!

Food stop current wish list.

We have had a wonderful personal multi buy donation from one of our regular volunteers, and we are so lucky that we have regular donors, and groups who give little and often...We had a first donation from Hillside Practice in Skelton. It was very impactful as they worked from a list we are short on.

If you are one of those generous people, in a position to pop an item in the collection points for us in supermarkets, please consider the following items: tinned meats, tinned fruit, tinned vegetables, tinned tomatoes, tinned pulses, shower gel, deodorant, toothpaste (not brushes) squash, UHT milk, sandwich paste, coffee, hot chocolate, jam and stir in jars of sauce . We do not need dried pasta, or breakfast cereal currently.

DIARY DATES <<<

contact us: staff@guisboroughbridge.org.uk
Check out our website: https://guisboroughbridge.org.uk/

Prayer Breakfasts: 8-9am Saturday 5th July a reminder will be sent the week before.

Bridge2Youth - Fridays 5 - 8pm Term-Time Guisborough Evangelical Church - we have space available for **Y6s to have a taster session leading up to the holidays.**
Community Luncheon - Wednesdays 11am -1pm Kemplah House - to become a regular attender, contact Mary 07936 316 216
Friday Luncheon 11.30am - 1pm Hinton Court - to book with Juanita or by email before 12 noon on Thursday's 07936 316 217 Note - no lunch on Friday 13th due to redecoration of room.
Monday Coffee Morning - 9 -11.45am, Bistro Room, Sunnyfield House until the summer holidays:
Soup & Roll - Thursdays 10.30am - 1pm. We need volunteers 17 - 18 year across the holidays
Music & Memories with musician Trisha Mclean: 1.45 - 3.15pm - **Wednesday 13th July** at Kemplah House, donations towards Tea & Coffee welcomed.
Future date: Bridge Fund Raising evening with Erimus and Tees Valley Youth Choirs - 30th November, St Paulinus Church. Info re tickets will be published in September. Tees Valley Youth Choir are currently looking for members, especially from Guisborough. Wouldn't it be special to perform to a home grown audience in November? Spread the word & encourage your teenagers to join up.

FOOD AND FUN FOR ALL

Free Fun for the Family!
Crafts, games and lunch

22 JULY
BUGS THEME
SAUSAGE BUNS AND BEANS

12 AUGUST
BEACH THEME
FISH FINGERS, CHIPS AND PEAS

AT GUISBOROUGH METHODIST CHURCH

11.00-1.00

Trybooking.com

Bridge2Youth

Our Team:

We have 2 staff members (Kirsty & Juanita), both experienced in youth work and three regular volunteers who give up Friday evenings to facilitate a friendly, 'chilled' group between the ages of 11 & 16.

Our Space:

The venue we hire is a large lounge space, with sofas above Guisborough Evangelical Church, behind Fountain Street, and games and crafts are enjoyed. A tea is included. All for just £1 subs.

Y6, You are invited!

If you are currently in Y6, or older, and would like to join a taster session before the holidays July is a great time to join as you would be able to take part in both Keeping-in-Touch events during the summer holiday - E.g. Hike, beach trip, or team building e.g Holey Moley's Golf. We would need parental consent so please email staff@guisbroughbridge.org.uk
Alternatively contact Juanita, 07936316217

COMMUNITY LUNCHEON CLUB

Join our Wednesday Luncheon!

Our Project leader and volunteers serve this 2, or 3 course meal every week from the comfy dining lounge at Kemplah House, New Road Guisborough.

Budget-friendly, wholesome meals for the over 60s, not for profit.

WHAT WE OFFER...

11 -11.30 AM

Warm space. Complimentary choice of tea or Coffee and biscuit

12 NOON FRESH SOUP

Usually using seasonal vegetables - choice of white, brown or gluten free bread

MAIN COURSE

Usually served with potatoes and two vegetables or occasionally salad. We offer quiche as an alternative and pre order every 4 weeks.

DESSERT ENDIING AT 1PM

Cooked on site we will offer seasonal crumble; and traditional puddings e.g. sticky toffee

- Be seated by 11.45am. Service starts at 12 noon, and finisahes by 1pm
- Choose from 2 or 3 courses - £6.50 / £7.50* (Prices at Jan '25)
- Once trialed, we hope for regular attendance e.g. 5 out of 6 weeks
- For further information, please telephone Tues - Thursday or email us Mon- Fri
- Bonus Option to stay on the second Wednesday of the month for Music & Memories! 2-3pm

07890 22 88 51

staff@guisboroughbridge.org.uk

For more details visit www.guisboroughbridge.org.uk
contact staff@guisboroughbridge.org.uk
or text 07890 22 88 51

Music & Memories

SECOND WEDNESDAY OF EACH MONTH -
9th July, 13th August, & 10th September

Kemplah House Lounge, New Road Guisborough, TS14 6DP

1.45pm - 3pm

This friendly singing group is led by talented musician Trisha McLean - she plays requests & we all join in! Enjoy traveling back to your youth, through song.
Teas and coffees served; donations welcome.

Donations gratefully received.
Charity No. 1086425