



August to  
September



# BRIDGE2YOU

Newsletter for Guisborough Bridge Association

## Oh the summer time is ... in full swing !

We have passed the mid point of the summer holidays already. This week sees our last Food & Fun For All session, a Music & Memories session for 60+ and a Bridge2Youth Keeping in touch event.

If you follow our page on Facebook, you may have seen some 'What's on Next Week' posts which we hope people will share verbally, as well as online. There is nothing like good, old-fashioned, word-of-mouth to add a personal touch.

## Bridge2Sow&Grow

We are continuing our 10-12 Tuesday slot across the holidays, so please come! We will be keeping on top of the areas we have already done before developing further areas in September.

## Food & Fun For All

Our second summer session was Tuesday 12<sup>th</sup> providing space for families to relax and craft, and then eat together. And we have to thank the team who helped create such a successful event. We have received really positive feedback!



# THANK YOU, THANK YOU, THANK YOU!

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## Long-standing volunteer cook, at our Wednesday community luncheon 'retires'!

Mary C, who has been lead cook once a month for the last 15 years has stepped down. We are obviously sad to see her stop, however we have to acknowledge the amazing Delia-style cooking she brought to the project.

Mary experimented on us in her final week! Was this to leave with a bang? Mary tried a Nigella recipe for Rice Pudding Sponge - gluten free, with a warmed jam sauce. It was delicious warm! The photo below is with Rosie and Shannon who are regular volunteers and taken at Kemplah House, where the Community Luncheon club takes place.



**Mary about to pop cottage pie in t'oven!**

Results week - A level results are declared and then next GCSEs. We say goodbye & goodluck to some **Bridge2Youth members**.

It has been lovely to see some of them volunteer for us. Our next task is to grow and promote our Friday evening, term Time Youth Group as older members move on.

## BRIDGE2YOUTH

If you have secondary aged children, then just contact us for details and arrange a time to give our friendly group a go.

It is a time to be without screens, chat, play games and chillax. The youth group have taken part in a collaboration with NEST and an arts project and do go on other enrichment activities - trips to the beach, Mini golf & other team-building hikes. It suits those who need a break from sport and homework. There are opportunities to help create the meal.

**Thank you to individuals and groups who donat, you make such a difference.**

If you are one of those generous people, in a position to pop an item in the collection points for us, in supermarkets, please consider the following items: tinned meats, tinned fruit, tinned vegetables, tinned tomatoes, tinned pulses, shower gel, deodorant, toothpaste (not brushes) squash, UHT milk, sandwich paste, coffee, hot chocolate, jam and **stir in jars of curry or chinese sauce**. We are low on soup! We do **not** need dried pasta, or breakfast cereal currently.



## DIARY DATES <<<

contact us: [staff@guisboroughbridge.org.uk](mailto:staff@guisboroughbridge.org.uk)

Check out our website: <https://guisboroughbridge.org.uk/>

**Prayer Breakfasts:** 8-9am Saturday 6<sup>th</sup> Sep GMC & 4<sup>th</sup> Oct URC - a reminder of exact venue will be sent the week before if you have requested to be on our prayer breakfast mailing list.

**Bridge2Youth** - Fridays 5 - 8pm Term-Time Guisborough Evangelical Church - we have spaces available for **Y7s to Yr11s**.

**Community Luncheon** - Wednesdays 11am -1pm Kemplah House - to become a regular attender, contact Mary 07936 316 216

**Friday Luncheon** 11.30am - 1pm Hinton Court - to book with Juanita or by email before 12 noon on Thursday's 07936 316 217 Note - no lunch on Friday 22<sup>nd</sup> & 29<sup>th</sup> August, but running as usual from September.

**Monday Coffee Morning** - 9 -11.45am, Bistro Room, Sunnyfield House restart from Monday 1<sup>st</sup> September

**Soup & Roll** - Thursdays 10.30am - 1pm.

**Music & Memories** with musician Trisha Mclean: 1.45 - 3.15pm - **Wednesday 13<sup>th</sup>** August & 10th September at Kemplah House, donations towards Tea & Coffee welcomed.

**Bridge2Sow&Grow:** every Tuesday 10-12am at Wilton Allotments. contact Lorraine 07890 228851 for more details.

**Future date: Bridge Fund Raising evening with Erimus and Tees Valley Youth Choirs** - 30<sup>th</sup> November, St Paulinus Church.





# Bridge2Youth

## Our Team:

We have 2 staff members (Kirsty & Juanita), both experienced in youth work and three regular volunteers who give up Friday evenings to facilitate a friendly, 'chilled' group between the ages of 11 & 16.

## Our Space:

The venue we hire is a large lounge space, with sofas above Guisborough Evangelical Church, behind Fountain Street. Games and crafts are enjoyed. An evening tea is included. All for just £1 subs.

## Y7, You are invited!

If you are currently in Y7, or beyond, and would like to join a taster session after the holidays September is a great time to join. As we need parental consen, please email [staff@guisbroughbridge.org.uk](mailto:staff@guisbroughbridge.org.uk)

Alternatively contact Juanita, 07936316217 from 1<sup>st</sup> Sep onwards, or Lorraine 07890 228851 until 1<sup>st</sup> Sep for more details.

# COMMUNITY LUNCHEON CLUB

Join our Wednesday Luncheon!

Our Project leader and volunteers serve this 2, or 3 course meal every week from the comfy dining lounge at Kemplah House, New Road Guisborough.

Budget-friendly, wholesome meals for the over 60s, not for profit.



## WHAT WE OFFER...



### 11 -11.30 AM

Warm space. Complimentary choice of tea or Coffee and biscuit



### MAIN COURSE

Usually served with potatoes and two vegetables or occasionally salad. We offer quiche as an alternative and pre order every 4 weeks.



### 12 NOON FRESH SOUP

Usually using seasonal vegetables - choice of white, brown or gluten free bread



### DESSERT ENDING AT 1PM

Cooked on site we will offer seasonal crumble; and traditional puddings e.g. sticky toffee

- Be seated by 11.45am. Service starts at 12 noon, and finishes by 1pm
- Choose from 2 or 3 courses - £6.50 / £7.50\* (Prices at Jan '25)
- Once trialed, we hope for regular attendance e.g. 5 out of 6 weeks
- For further information, please telephone Tues - Thursday or email us Mon- Fri
- Bonus Option to stay on the second Wednesday of the month for Music & Memories! 2-3pm



07890 22 88 51



[staff@guisboroughbridge.org.uk](mailto:staff@guisboroughbridge.org.uk)

For more details visit [www.guisboroughbridge.org.uk](http://www.guisboroughbridge.org.uk)  
contact [staff@guisboroughbridge.org.uk](mailto:staff@guisboroughbridge.org.uk)  
or text 07890 22 88 51



# Music & Memories

**SECOND WEDNESDAY OF EACH MONTH -  
9<sup>th</sup> July, 13<sup>th</sup> August, & 10<sup>th</sup> September**

Kemplah House Lounge, New  
Road Guisborough, TS14 6DP

**1.45pm - 3pm**

This friendly singing group is led by talented musician Trisha McLean - she plays requests & we all join in! Enjoy traveling back to your youth, through song.  
Teas and coffees served; donations welcome.



Donations gratefully received.  
Charity No. 1086425