



October



BRIDGE2YOU



Newsletter for Guisborough Bridge Association

A Warm Welcome to October's Newsletter!

As the seasons change, we're gearing up for a busy and impactful end of the year. This month is packed with opportunities to connect, celebrate, and support our work, from our annual meeting to our biggest fundraiser of the year! We hope to see you at one (or all!) of these fantastic community events.

Guisborough Families' Event

Our Food & Fun For All is back to provide a safe, creative, and engaging space for Guisborough Families with primary-aged children. Project Lead Juanita, has planned themed craft activities to encourage creativity and positive engagement between children and their parents/carers. It's a super opportunity to enjoy a large, safe space and know that your family has had a refreshing change of scene. Food will be provided for everyone! The booking link & QR Code will be shared on via our Facebook Page Friday, 10th October. We offer this event free, using public donations and funds from ...



KICK OFF THE FESTIVE SEASON & SUPPORT THE WORK OF THE BRIDGE

2

I couldn't resist using 'Kick Off' after supporting the England Roses fantastic win on the Rugby World Cup, last Saturday.

I am personally so excited to welcome back **Erimus**, a Middlesbrough based chamber choir, who previously raised funds for us in Summer 2023. Both my partner and eldest son sing in this choir so I hope to sneak a peek when not preparing the interval refreshments!

I am thrilled they will be joined by the talented **Tees Valley Youth Choir** (TVYC) at St Paulinus Church Hall, not just because my own family have connections with both choirs, but as someone still in education I like to see our younger generations engaged in creative activities.

This is a wonderful chance to see TVYC perform & encourage local youngsters to join now and be part of the performance. Post-Covid choirs such as TVYC are still trying to rebuild.



The poster features a blue and white winter theme with snowflakes. At the top left is the Erimus Singers logo, which includes the word 'ERIMUS' in a semi-circle above a large 'ES' monogram, with 'SINGERS' below it. At the top right is the Tees Valley Youth Choir logo, a black circle with 'TEES VALLEY YOUTH' in blue and 'Choir' in white script. The main text reads 'CHARITY CHRISTMAS CONCERT IN AID OF' in purple, followed by 'The bridge' logo (two hands holding a group of orange figures) and the tagline 'Life and support in the heart of the community.' The event details are: 'SUNDAY 30TH NOVEMBER 2PM', 'ST. PAULINUS RC CHURCH, GUISBOROUGH, TS14 8DN', 'TICKETS £10 (UNDER 18s £1)', and '(AVAILABLE FROM GUISBOROUGH BOOKSHOP, ON THE DOOR OR ONLINE)'. A QR code is in the bottom left, and the websites 'WWW.GUISBOROUGHBRIDGE.ORG.UK' and 'WWW.ERIMUSSINGERS.CO.UK' are at the bottom right.

ERIMUS
ES
SINGERS

TEES
VALLEY
YOUTH
Choir

CHARITY CHRISTMAS CONCERT
IN AID OF

The
bridge

Life and support in the heart of the community.

SUNDAY 30TH NOVEMBER 2PM
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There are some amazing choral and soloist singers already members and who live in Guisborough, but wouldn't it be wonderful to grow that?

Tickets are at £10 & £1 for children. We intend to offer mulled wine & soft drink alternatives and some mince pies / nibbles at the interval. Funds will help to support our Music & Memories monthly singing group and wider projects, so please do join us.

HARVESTING & HELPERS AT BRIDGE2SOW & GROW



The bespoke, beautiful **sign** (left) was designed and made by the wonderful Ngaire (pronounced Nigh-ree) & is finally in place thanks to the equally wonderful Jon!

We're full of **congratulations** for our Allotment Lead, Kirsty, who recently completed her Emergency First Aid At Work qualification!

The 'Allotment Army' has been busy: volunteers Tom & Jon worked hard to continue digging over very weedy beds. Ngaire continued to tame a overgrown area, and in doing so, we have a growing log pile situated in the shade of a chestnut tree, which will hopefully encourage wildlife

Jon also erected two little notice boards inside the shed for us to sharing plan, ideas & 'To-Do' lists. Tom is hopefully fixing a wheelbarrow wheel, that we collected from Pong - Guisborough freecycle site on line. If anyone has a spare water butt, we would like two more! Also nother woe=rking order wheel barrow and perhaps another bench. We are on the look our for spare teak oil for o ur current bench

We harvested potatoes , leeks, tomatoes and brambles and planted broad beans in areas now weed free. and planted some spring bulbs near the entrance to the plot.

We run Tuesdays from 10:00 AM – 12:00 PM at Wilton Lane Allotment, 7th, 14th & 21st of October. Optional Thursday Session: When staffing allows, we offer a session on Thursdays from 9:30 AM – 10:30 AM, with the option of finishing at our Soup & Roll event at Guisborough Methodist Church. **Join the 'Garden Gang'**: You don't have to be an expert; come and join our little garden gang! For more information, please email staff@guisboroughbridge.org.uk. subject - 'B2Sow'

HELP & SUPPORT FROM THE COMMUNITY

4



WISH LIST!

ITEMS WE ARE LOW ON

- stir in jars of sauce
- rice pudding
- coffee / hot chocolate
- tinned meats
- microwave rice

DROP OFF POINTS TO THE FOLLOWING SUPERMARKETS

Morrisons (most convenient for us)
Lidl, & Main Sainsburys,
Please note, Sainsburys Local is no longer
collecting for us, however the Library is!



We are hoping to be supported by local schools with their harvest festivals -

Items we need are as follows: UHT milk, Squash, coffee, hot chocolate. Snacks - sandwich paste, crackers, breakfast/ protein bars, jam, honey, bags of rice, mugshots, tinned vegetables, tinned pulses, e.g. tomatoes, carrots, kidney beans And also shower gels, soap, shampoo, toothpaste, washing up liquid.

DIARY DATES <<<

contact us: staff@guisboroughbridge.org.uk
Check out our website: <https://guisboroughbridge.org.uk/>

Prayer Breakfasts: 8-9am Saturday 4th Oct at URC All welcome & Sat 1st Nov - a reminder of exact venue will be sent the week before, if you have requested to be on our prayer breakfast mailing list and the venue is not the actual church.

Bridge2Youth - Fridays 5 - 8pm; Term-Time Guisborough Evangelical Church - we have spaces available for **Y7s to Yr11s**.

Community Luncheon - Wednesdays 11am -1pm Kemplah House - to become a regular attender, contact Mary 07936 316 216 6 places available!

Friday Luncheon 11.30am - 1pm Hinton Court - to book with Juanita or by email before 12 noon on Thursday's 07936 316 217...Until 19th December

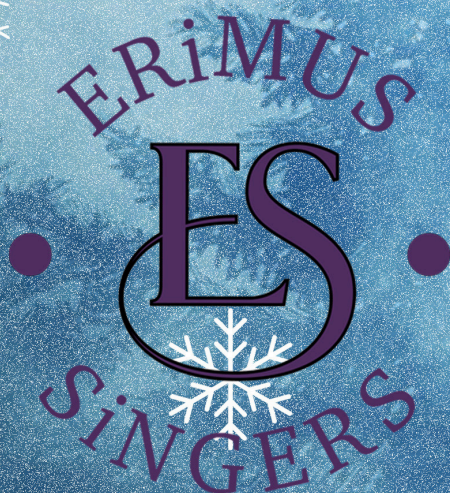
Monday Coffee Morning - 9 -11.45am on Mondays, The Bistro Room, Sunnyfield House, until 15th December -

Soup & Roll - Thursdays 10.30am - 1pm, from GMC until Thursday 18th December.

Music & Memories with musician Trisha Mclean: 1.45 - 3.15pm - **Wednesday 8th** October at Kemplah House, donations towards Tea & Coffee welcomed.

Bridge2Sow&Grow: every Tuesday 10-12am at Wilton Allotments. contact Lorraine 07890 228851 for more details. **AGM** - Monday 20th October - invites and details to follow.

Future date: Bridge Fund Raising evening with Erimus and Tees Valley Youth Choirs - 30th November, St Paulinus Church.



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contact staff@guisboroughbridge.org.uk
or text 07890 22 88 51



Music & Memories

**SECOND WEDNESDAY OF EACH MONTH -
8thth October, 12th November, 10th December**

Kemplah House Lounge, New
Road Guisborough, TS14 6DP

1.45pm - 3pm

This friendly singing group is led by talented musician Trisha McLean - she plays requests & we all join in! Enjoy traveling back to your youth, through song.
Teas and coffees served; donations welcome.



Donations gratefully received.
Charity No. 1086425



Bridge2Youth

Our Team:

We have 2 staff members (Kirsty & Juanita), both experienced in youth work and three regular volunteers who give up Friday evenings to facilitate a friendly, 'chilled' group between the ages of 11 & 16.

Our Space:

The venue we hire is a large lounge space, with sofas above Guisborough Evangelical Church, behind Fountain Street. Games and crafts are enjoyed. An evening tea is included. All for just £1 subs.

Y7, You are invited!

If you are currently in Y7, or beyond, and would like to join a taster session after the holidays September is a great time to join. As we need parental consen, please email staff@guisbroughbridge.org.uk

Alternatively contact Juanita, 07936316217 from 1st Sep onwards, or Lorraine 07890 228851 until 1st Sep for more details.

COMMUNITY LUNCHEON CLUB

Join our Wednesday Luncheon!

Our Project leader and volunteers serve this 2, or 3 course meal every week from the comfy dining lounge at Kemplah House, New Road Guisborough.

Budget-friendly, wholesome meals for the over 60s, not for profit.



WHAT WE OFFER...



11 -11.30 AM

Warm space. Complimentary choice of tea or Coffee and biscuit



MAIN COURSE

Usually served with potatoes and two vegetables or occasionally salad. We offer quiche as an alternative and pre order every 4 weeks.



12 NOON FRESH SOUP

Usually using seasonal vegetables - choice of white, brown or gluten free bread



DESSERT ENDING AT 1PM

Cooked on site we will offer seasonal crumble; and traditional puddings e.g. sticky toffee

- Be seated by 11.45am. Service starts at 12 noon, and finishes by 1pm
- Choose from 2 or 3 courses - £6.50 / £7.50* (Prices at Jan '25)
- Once trialed, we hope for regular attendance e.g. 5 out of 6 weeks
- For further information, please telephone Tues - Thursday or email us Mon- Fri
- Bonus Option to stay on the second Wednesday of the month for Music & Memories! 2-3pm



07890 22 88 51



staff@guisboroughbridge.org.uk