



Charity Number 1086425

Bridge2You

NEWSLETTER

January 2026



A snowy start to 2026!

Welcome to the first Bridge Newsletter of 2026. Please check out our website to see the variety of projects we offer. If this is the first time you have read our newsletter, we are a charity which operates from different venues in Guisborough. We aim to serve all age groups, treating people with dignity, empathy and care.

Staff, trustees and volunteers are only able to do this through successful grant bids and the generosity of those in the community attend our projects or who give donations.



Thank you

Alongside our regular donors who we acknowledge in our Annual reports, we received donations from many local businesses, and time offered to help in the getting ready of Christmas hampers. The Jack Brunton Trust and Sherburn House gave us two larger donations specifically for Putting together Christmas Day Hampers and gifts for the people who are members of our two community luncheons. The Sherburn Trust's donation also will fund our peripatetic musician, Tricia to provide Music and Memories on the 2nd Wednesday of each month; and for us to make a donation to The Cleveland Ukes who performed at our Soup and Roll Session and Kemplah Christmas Meal

Budgets & Bites! Coming Soon...



Are you interested in a 4 week slow cooking course? With mentoring around building and managing your budget.

We are exploring the possibility of gifting a slow cooker to participants after completing the 4 different cook challenges and the units which help people to understand bills and opportunities to balance income and outgoings



www.guisboroughbridge.org.uk



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Tue- Thu



staff@guisboroughbridge.org.uk

Pause in Bridge2Sow&Grow

Last year new staff member, Kirsty, and Lorraine were able to kick start properly the allotment project on Tuesday mornings. We have been well supported by regular volunteers: Jon, Ngaire, Tom and also Richard Osborne of Guisborough Building Supplies. We thank everyone for their efforts. Several other volunteers come when they can and together we have tamed one half of the plot, we have compost ready for April and another lot on the go. All our peelings from other projects end up in the compost. Ngaire and Jon have really helped develop an organised space at the shed end, with water butts, and a wood pile. We have harvested what we have grown. Thinking ahead **to April**, if you are a keen gardener/ allotmenteer and have spare current bushes, rhubarb, raspberry canes and baby vegetable plants please keep us in mind. If we have successfully grown things, they are used in our two community luncheons and the Foodstop / com shop to encourage healthier eating.

By pausing, we can release Mary and Juanita to run a CAP course in budgeting and making sense of bills, avoiding debt and give those who take up the offer new recipes to try in a slow cooker. The course will be informative, fun and practical - with a refundable deposit on completion.

MUSIC & MEMORIES -
Tricia's musicians and our carol singers, joined together on the 10th December raising £115.54 for funds & bringing joy to shoppers and definitely the staff at Sainsburys!



"Kindness is the language which the deaf can hear and the blind can see." – Mark Twain

Shopping habits have changed - on line, click and collect or delivered to the door. But please don't forget us. We have exclusive donation points in Morrisons, the main Sainsburys, The Library and Lidl. If you are a person who shops online, perhaps you would like to drop in one of the following items on Monday's Coffee Morning, at Sunnyfiled House, or to GMC on Thursday, when we run our fundraiser - Soup & Roll.

We would appreciate: **Rice, tinned pudding rice, toothpaste, UHT milk/milk alternatives, jams, sandwich pastes, & tinned vegetables/ pulses**



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Messages of thanks & updates



staff@guisboroughbridge.org.uk

Bridge2Youth Year 6 invite

Our friendly Youth Group spend 5 - 8pm together on a Friday evening.

It is relaxed, friendly, with an offer of arts, & crafts, traditional games and a phone free space. and the young people who attend feel safe because there are boundaries set they can help plan a meal.

Email FAO: Kirsty / Juanita



Food & Fun Dates:

- Food & Fun For All is our offer to parents with children upto & including Y6.
- Free - Booked via Trybooking (dates open 3 weeks ahead of the date)
- A meal for each person in attendance, including parents and carers
- Fun, carousel of craft activities
- Change of scene & warm space
- Meet children and parents from across Guisborough forge new friendships
- Tue 24th Feb & Tuesday 14th April. 11am - 1pm.

Diary Dates:

Prayer Breakfast - first Saturday of the month

Saturday 8th February - on behalf of GMC, with Roma details to be sent by email.

Music & Memories - 2nd Wednesday

Wednesday 14th Jan & 11th February - Kemplah House Lounge, New Road. Join us 1.45 for tea/ coffee and enjoy songs from your younger years to more recent!

Weekly Budget-Friendly luncheons - become a member!

Membership - means agreeing to regular attendance. 2 or 3 courses at Kemplah or Hinton Court 11.30am - 1pm - for more details, phone, email or speak with Mary & juanita

Weekly Budget-Friendly drop in - Warm Space & company!

Monday mornings at Sunnyfield House or Thursdays, from 10.30 - 1pm at Guisborough Methodist Church

For more details visit www.guisboroughbridge.org.uk
contact staff@guisboroughbridge.org.uk
or text 07890 22 88 51



Music & Memories

**SECOND WEDNESDAY OF EACH MONTH -
14th Jan, 10th Feb & 10th March**

Kemplah House Lounge, New
Road Guisborough, TS14 6DP

1.45pm - 3pm

This friendly singing group is led by talented musician Trisha McLean - she plays requests & we all join in! Enjoy traveling back to your youth, through song.

Teas and coffees served; donations welcome.



Donations gratefully received.
Charity No. 1086425