



Charity Number 1086425

# Bridge2You NEWSLETTER



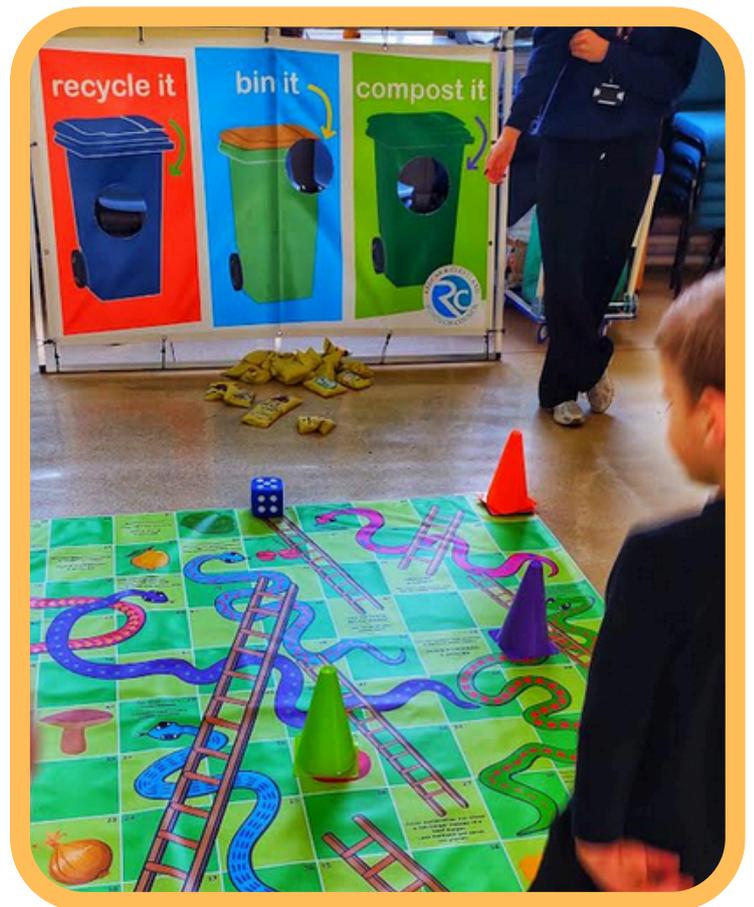
**March to mid-April 2026**

Welcome to our latest update! As this newsletter covers the period leading into the Easter Holidays, the staff and trustees would like to start by sending our warmest wishes to our incredible volunteers and the wonderful community members who support us and one another through our various projects.

## **Food & Fun For All The Family**

Our half-term Food & Fun event was a massive success. Special thanks to the Redcar & Cleveland's team for teaching all who came about recycling... through beanbag throwing. As it turns out, nobody needs a second invitation to throw a beanbag! The children had to sort the correct item and score.

Our Next Food & Fun will be Tuesday 14<sup>th</sup> April, during the second week of the Easter holidays, we will advertise through Facebook and the schools & use our usual 'Trybooking' website/ QR code to mid March.



Above: Part of our carousel of activities:  
Bean Bag sorting and  
Snakes and ladders Eco themed



[www.guisboroughbridge.org.uk](http://www.guisboroughbridge.org.uk)



+07890 22 88 51  
Tue- Thu



[staff@guisboroughbridge.org.uk](mailto:staff@guisboroughbridge.org.uk)

# Cooking Up Confidence

We are excited to have launched our new Slow Cooker & Budgeting 4 week course. We hope to learn from it and repeat January 2027.

The focus is:

- .Build a robust household budget.
- Stay safe with up-to-date scam awareness tips.
- Master the art of batch cooking for healthy, easy meals

We hope this course provides everyone with the renewed confidence to eat well and manage finances effectively. If you would like more information, please email ./ speak to one of our staff.



## Gingered beef - recipe one



We selected this recipe because it is easy, and also we often have ginger donated from supermarkets so this winter warmer makes great use of a 4cm piece. Any left over can be peeled, frozen and grated! We will link the recipe to our website.

HSBC's Morag helps out in the Foodstop ...Thank you!





A free, fun, Singing group -  
Kemplah House Lounge  
Wednesday 8th April & 13<sup>th</sup>  
May  
1.45pm for tea/ coffee  
Singing 2-3pm  
bring voices or even  
instruments!

## Monthly Music & Memories - A Growing Group!

### Tribute to Rev Ken Harris - minister URC

It is with great sadness that we report the passing of Ken Harris. Ken was a faithful supporter of the Bridge and all that it stood for, right from its earliest beginnings in 1998. He was church representative for the URC from the start of the Bridge up until 2014. He was a trustee from 2003-2009 and again in 2011, but had to step down for personal reasons in 2013.

He was a kind, generous man, who set an excellent example of running Christian activities to the best of his ability. He always reminded us that we owed it to God to serve him honestly and righteously - an old-fashioned way of saying everything should be done properly and transparently. As such he was an inspiration to me as a new trustee.

He was passionate about community, both in the town and in industry. With God's help, he led by example and always encouraged others to build stronger relationships between the churches and the town.

We extend our deepest sympathy to his family at this time.

**Kindly remembered by former Chair of Trustees Dr Roland Miller**

## Diary Dates:

### **Slow Cooker Budget & Bites - March 2026**

See attached poster Tues mornings 17, 24<sup>th</sup> & 31<sup>st</sup> & reservation necessary

### **Prayer Breakfast - first Saturday of the month**

Saturday 4<sup>th</sup> April, Hosted by Linda at United Reformed Church 8am - 9am

And Saturday 2<sup>nd</sup> May, Hosted by Lydia Guisborough Christian Fellowship TBC

### **Wednesday / Friday Luncheons - Member Spaces available!**

Notice of Easter pauses: No Friday meal 27<sup>th</sup> March, 3<sup>rd</sup> (Good Friday) & 10<sup>th</sup> April

No Wednesday Luncheon 15<sup>th</sup> April

### **Weekly Budget-Friendly drop in - Warm Space & company!**

Monday mornings at Sunnyfield House or Thursdays, from 10.30 - 1pm at Guisborough Methodist Church



# BRIDGE2YOUTH GROUP



Meets on Friday Evenings Term Time  
5-8pm at Guisborough Evangelical  
Church

What we do: Crafts, games, cooking,  
trips out.. food and drinks are provided  
£1 subs are paid

Contact: Juanita 07936 316217  
Email: [staff@guisboroughbridge.org.uk](mailto:staff@guisboroughbridge.org.uk)



# 4 WEEK COURSE



Life and support in the heart of the community.

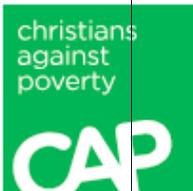
NEW!!!

## STARTS & ENDS

TUESDAYS  
10TH MARCH – 31<sup>ST</sup> MARCH



## BUDGETING & 'BIG BITES'!



We are delighted to offer up 6 places on a 4-week course where you prep a 'big bite' meal (taking the ingredients home to cook in a provided slow cooker)! You will cover essentials of managing your budget & understanding bills in today's world, with the support of trained staff, Juanita and Mary.

### KEY FEATURES & OUTCOMES

- Welcome coffee & tea to start
- Workshop round budgets
- Tasting the meal you will cook
- Practical – prepping of a slow cooker meal,
- 2nd Workshop
- Go home with prepped ingredients to cook
- Better Budgeting skills

- Free, new, slow cooker week one!
- You keep the slow cooker completing the course!
- Time – 9.30 am – 12.30pm
- Must wear clean clothes as we will be in the kitchen – aprons provided.

### INTERESTED?



07890 228851 (Tue – Thu)



Email [staff@guisboroughbridge.org.uk](mailto:staff@guisboroughbridge.org.uk)  
Or discuss with Juanita / Mary

For more details visit [www.guisboroughbridge.org.uk](http://www.guisboroughbridge.org.uk)  
contact [staff@guisboroughbridge.org.uk](mailto:staff@guisboroughbridge.org.uk)  
or text 07890 22 88 51



# Music & Memories

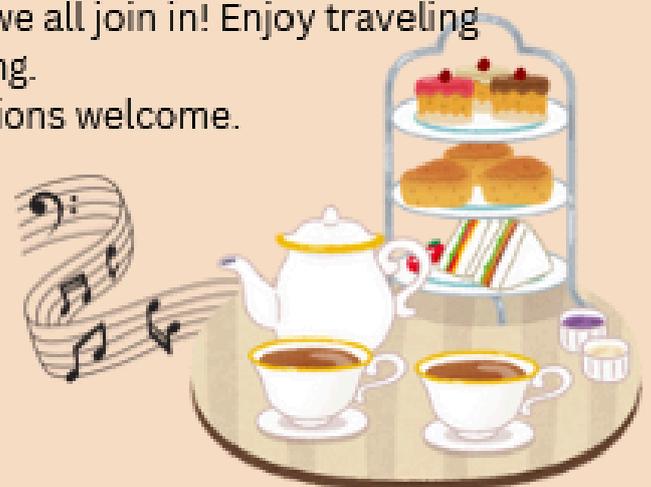
**SECOND WEDNESDAY OF EACH MONTH -  
8<sup>th</sup> April, 13<sup>th</sup> May**

Kemplah House Lounge, New  
Road Guisborough, TS14 6DP

**1.45pm - 3pm**

This friendly singing group is led by talented musician Trisha McLean - she plays requests & we all join in! Enjoy traveling back to your youth, through song.

Teas and coffees served; donations welcome.



Donations gratefully received.

Charity No. 1086425

# FOODSTOP 'WISHLIST'

PLEASE CONSIDER DONATING THE  
FOLLOWING ITEMS AT MORISONS,  
SAINSBURYS & LIDL  
DURING FEBRUARY...



Tinned fruit,  
tinned rice pudding,  
tinned lentils,  
tinned carrots,  
sweetcorn,  
tinned potatoes



jams, (all flavours),  
biscuits & crackers

Thank you for  
supporting  
Guisborough's  
local food bank  
and community  
shop

UHT milk, 80  
teabags, small  
coffee jars,  
500g sugar,  
& squash



toothpaste,  
soap & shower  
gel



FOOD  
DRIVE

Charity  
number  
1086425