



Charity Number 1086425

Bridge2You NEWSLETTER



July 2026 - August 2026

Welcome to a slightly later-than-planned July edition of Bridge 2 You. Beginning with warm congratulations to Juanita, our Project Leader and one of our dedicated volunteers Richard, on their 20th wedding anniversary. We are delighted that you were able to celebrate such a special milestone.

Heritage Trail Fund Raiser Success

A heartfelt thank you to Graham Johnson for his recent fundraising efforts.

Graham is a long-standing volunteer and supporter of the Bridge—and now a long-walking one too. He sought sponsorship from the Rotary Club, of which he is a member, as well as from Erimus Rotary in Middlesbrough.

Graham and his friend Dave walked seven miles along the River Tees, from Middlesbrough College to the Newport Bridge and back, raising £215. We hope the blisters have healed and that only memories of good views and good conversation remain.



<https://www.guisboroughtown.co.uk/sponsor/rotary-club-of-guisborough-great-ayton/>

£215 raised



www.guisboroughbridge.org.uk



+01287 638771



staff@guisboroughbridge.org.uk

Summer Offer for Families

Food & Fun for All the Family

These sessions can be booked online and details have been shared with local primary school heads so they can promote the events to families across the area; the second event will 'go live' on 29th July.

Last year, some families signed up but did not attend, which meant we prepared too much food and had to turn others away. We currently offer these events free of charge.

Activities include a carousel of crafts and a healthy lunch for children and parents to enjoy together, with opportunities to meet new friends from across the Guisborough area.

Bridge 2 Youth: Keeping in Touch

·Thursday 31st July: Beach trip and fish and chips.

·Friday 21st August: Mini golf.

Existing members from Years 6 to 11 are welcome. For further details, please contact Juanita.to discuss joining the beach trip if your child is wishing to join after September.



Foodstop Project Wish List

Donations to the Bridge collection points at **Sainsburys, Lidl and Morrisons** are very welcome.

We appreciate donations of the following:

- soap & shower gel & deodorant
- sardines/mackerel
- tinned carrots/ peas/ fruit
- packets of rice & noodles
- tinned meat casseroles

Thank you to some very generous individuals who have popped in and dropped off in June & July!

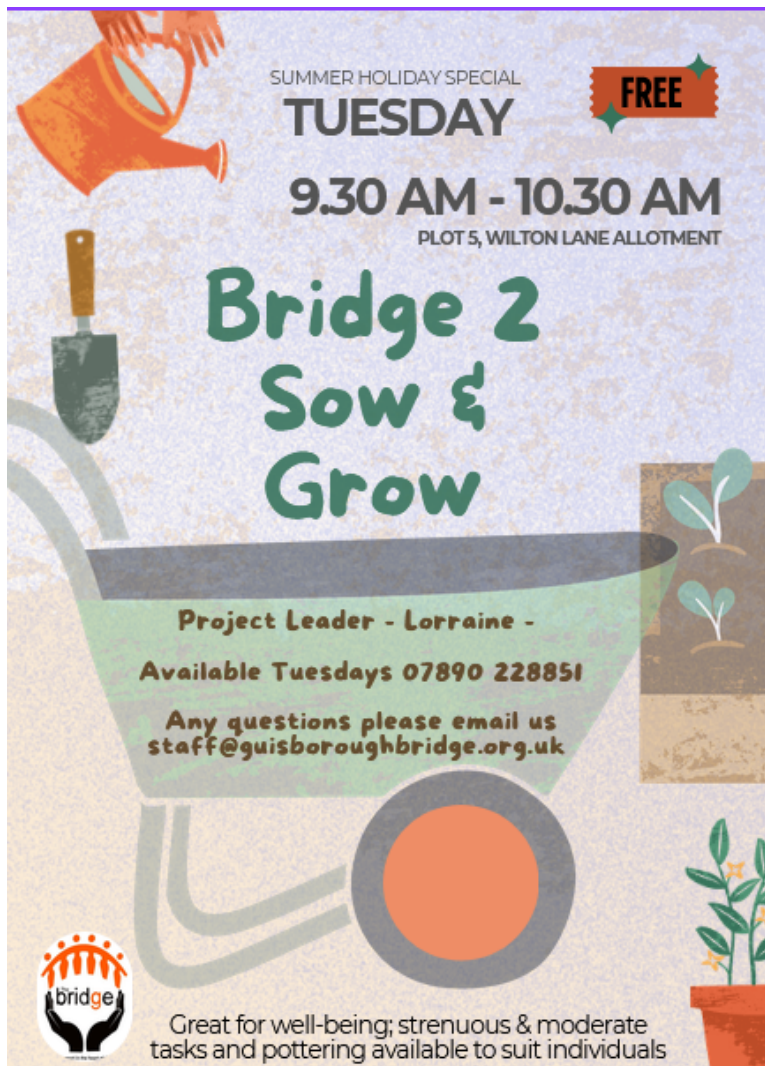


Pauses to Projects: Bridge2Sow&Grow/ Peaceful Seat / Monday Coffee Morning

Summer Changes:

- Prayer Breakfast: taking a summer rest, although please do keep us in your thoughts and prayers.
- Bridge 2 Youth: the last session is Friday 17th July with a medieval-themed Picnic at the Priory. Sessions restart on Friday 4th September.
- Monday Coffee Morning at Sunnyfield House: paused for the summer. The Peaceful Seat chair exercise class: paused over the summer. The last session is Friday 17th July, restarting on Friday 4th September.

Friday two-course Community Luncheon at Hinton Court: pausing after Friday 31st July. No meals are planned for 7th, 14th, or 28th August. The luncheon is planned for 21st August.



Thank you to Ngaire, Jon, Tom and Maria. Our project leader Kirsty has been keeping a journal of successes and failure (hot weather has been a challenge!)

Please note the new, shorter time for the next four weeks : The last regular session was Tuesday 14th July, returning 10am–12 midday on Tuesday 1st September.

Lorraine aims to run focused sessions on the last two Tuesdays in July and the first two Tuesdays in August, from 9.30am to 10.30am, concentrating on weeding, watering, and keeping on top of the plot.



The past couple of weeks have brought some welcome opportunities to connect with local young people and partners.

- We welcomed a pupil from LJS for work experience during Charlotte's birthday week. We hope you felt welcome and enjoyed seeing different aspects of our projects, including what happens behind the scenes.
- Mary and Lorraine were invited to Prior Pursglove 6th Form College to celebrate the achievements of two regular young volunteers. We were proud and privileged to be part of Shannon and Jonathon's journey with Endeavour.
- We also had the opportunity to speak with Chanda about bringing a project to the college in the not-too-distant future.



Student Volunteers Summer Opportunity

Are you a **Year 12 or 13 college student, or a university student returning home** for the summer? Could you **spare a few hours to volunteer with us**? If you are interested, please contact staff@guisboroughbridge.org.uk by 31st July.

Calling Local Bakers

We are reaching out to Churches Together to ask whether any budding bakers could offer a monthly baked item. Donations can be dropped off at GMC on Thursdays between 9am and 10.30am.

Diary Dates:

Bridge2Sow & Grow - 9.30am - 10.30, Tuesdays, Wilton Lane

Free! 21st / 28th July and 4th / 11th August

Music & Memories - 1.45pm - 3pm Kemplah House

See attached poster Open to all, Wed 12th Aug, 9th Sep (2nd Wednesday), 14th October

Prayer Breakfast - first Saturday of the month

Saturday 5th September Hosted by Roma at Guisborough Methodist 8-9am

Saturday 3rd October Hosted by Linda at the United Reformed Church 8-9am

Food & Fun Dates For the Summer & Keeping In Touch B2Y

Tuesday 28th July, Friday 31st July; Tuesday 18th August & Friday 21st August

Soup & Roll (And much more!)

All Thursdays throughout the summer 10.30am - 1 at GMC...highchairs available; Sum up available

For more details visit www.guisboroughbridge.org.uk
contact staff@guisboroughbridge.org.uk
or text 07890 22 88 51



Music & Memories

**SECOND WEDNESDAY OF EACH MONTH -
12th August & 09th September**

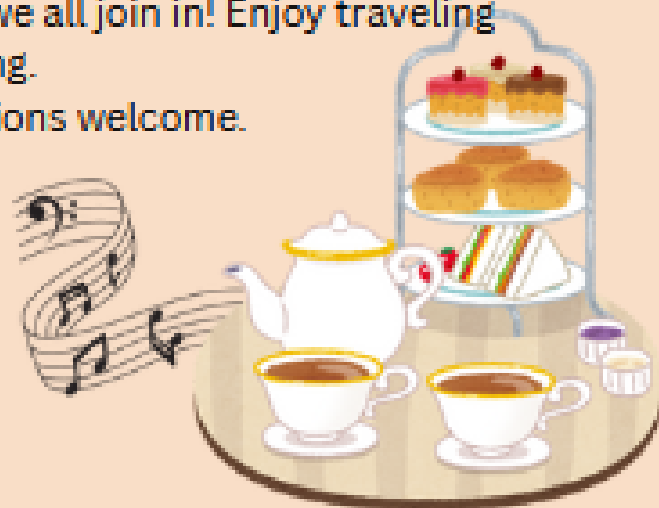
**Kemplah House Lounge, New
Road Guisborough, TS14 6DP**

1.45pm - 3pm

This friendly singing group is led by talented musician Trisha McLean - she plays requests & we all join in! Enjoy traveling back to your youth, through song.

Teas and coffees served; donations welcome.

**Dementia
Action**
TEESSIDE



Donations gratefully received.

Charity No. 1086425



FRIDAY LUNCHEON CLUB

AT HINTON COURT

£6.00 - 2 COURSE SET MENU

... MAIN ...

Cottage Pie 12/6, 10/7 & 21/8

Beef with Mashed potato
and seasonal vegetables

Fish & Chips 19/6, 17/7

Served with mushy peas and
choice of condiments

Chicken Casserole 26/6, 24/7

Tender chicken in creamy sauce
and served with seasonal
vegetables

Sausages & Mash 3/7, 31/7

Quality sausages, in gravy, served
with mash potatoes & seasonal
vegetables

... DESSERTS ...

A rotations of the following
desserts...

Cheese Cake
Plain or topped with fruit

Traditional Trifle
Or occasionally tiramisu

Fruit Flan
Flavours - e.g. raspberry,
peach, strawberry - will be
rotated

**Sponge pudding with
cream**
A rotation of for example
vanilla, chocolate, lemon,
banana

..... BEVERAGES & DATES

Chair exercise to re start from
Friday 4th September
10.30 - 11.30 am : £3

Long life juicedonation
Tap waterFREE
Sparkling mineral waterFREE
CoffeeFREE
English teaFREE



staff@guisbroughbridge.org.uk or contact Juanita 07936316217

Summer break

7th & 14th August,



SUMMER HOLIDAY SPECIAL

TUESDAY

FREE

9.30 AM - 10.30 AM

PLOT 5, WILTON LANE ALLOTMENT



Bridge 2 Sow & Grow

Project Leader - Lorraine -

Available Tuesdays 07890 228851

**Any questions please email us
staff@guisboroughbridge.org.uk**



Great for well-being; strenuous & moderate tasks and pottering available to suit individuals



Restarting Friday 4th September!

The Peaceful Seat



The Bridge is delighted to offer the return of a fabulous exercise class, setting you up for the weekend.

Mobility, flexibility and strengthening exercise, with different levels of challenge.

Each session ends with breath awareness & relaxation

Fridays 10:30 - 11:30 AM £3

Hinton Court, Lumley Terrace TS14 6HN

Restarting Friday 4th September!

Run by our new instructor, Pamela

For more details email or message Juanita, our Friday project lead
07936 316 217 to reserve a place





BRIDGE2YOUTH GROUP



Meets on Friday Evenings Term Time
5-8pm at Guisborough Evangelical
Church

What we do: Crafts, games, cooking,
trips out.. food and drinks are provided
£1 subs are paid

Contact: Juanita 07936 316217
Email: staff@guisboroughbridge.org.uk

